

# APF Halloween Monster Bench Bash

Weigh-ins: 10/12 - 10:00 AM - 8:00 PM and 10/13 - 7:00 AM - 9:00 AM - Lifting starts at 10:00 AM  
Anita or Curtis (505) 377-3099 or email us at; behind\_the\_iron@yahoo.com

APF cards available at the meet site.

APF Membership is \$30 | Student Membership is \$15.

SEND ENTRY FORM, WITH CHECK OR MONEY ORDER PAYABLE TO:

R&S Sports, Inc.

PO Box 361

Eagle Nest, New Mexico 87718

Weight Classes Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Weight Classes Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW

## DIVISIONS

(Men & Women)

Teenage: 14-15, 16-17, 18-19

Junior: 20-23

Open: 20 and older

Submaster: 33-39

Master: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

**EQUIPMENT MUST MEET APF SPECIFICATIONS.**

**ONE PIECE LIFTING SUIT MUST BE WORN**

**(One Piece Lifting Singlets will be available at the meet.)**

Sculptured Awards and Katana Samuri Swords for ALL Division winners!

Best lifter awards will be given based on entries.

Bench \$50\_\_\_\_\_

\$25. 00 Fee for any subdivision (example, open and junior)

NAME \_\_\_\_\_ WT CLASS \_\_\_\_\_ AGE DIV \_\_\_\_\_

TEE SHIRT SIZE \_\_\_\_\_ AGE/BIRTHDATE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\*\*\*\*\* THE FIRST 20 ENTRIES WILL RECEIVE A FREE MEET SHIRT \*\*\*\*\*

### RELEASE FROM LIABILITY

In consideration of the acceptance of my entry form in this power lifting competition, I intend to be legally bound for not only myself, but also for my heirs, executors and administrators. In signing this release from liability, I waive and release everyone connected with this competition from any and all liability and negligence which may arise from it.

SIGNATURE \_\_\_\_\_ SIG OF PARENT IF UNDER 21 \_\_\_\_\_

### IF PAYING BY CREDIT CARD

DISC \_\_\_\_\_ MC \_\_\_\_\_ VISA \_\_\_\_\_ AMEX \_\_\_\_\_ CARD NUMBER \_\_\_\_\_ EXP DATE \_\_\_\_\_

CARDHOLDERS SIGNATURE \_\_\_\_\_