



PRESENTS

2nd Annual



Halloween Monster Bench Bash

Hello Lifters of ALL Organizations:

First, we would like to thank all of you for competing. It takes heart and dedication to preserver!

There are those in our sport from other organizations who complain about if you bench raw, single ply, double or triple or what ever. Some have taken sides and find it their right too be-little our sport and other competitors. BUT we; at High Peaks Barbell Club and the APF don't care what organization your with or how you get the weight up! Why? Because it's you against the weight not you against others. Power-lifting and Bench Press Only competition(s) are about your OWN accomplishments and having fun with others! Guaranteed you'll have fun lifting here.



THE FIRST 15 ENTRIES WILL RECEIVE A FREE bag of Goodies from sponsors

Weigh-ins: 10/31 - 8:00 AM - 5:00 PM and 11/1 - 9:00 AM 9:30AM - Lifting starts at 10:30 AM

Anita or Curtis (575) 377-3099 or email us at; behind_the_iron@yahoo.com

APF cards available at the meet site.

APF Membership is \$30

Student membership is \$15.

SEND ENTRY FORM, WITH CHECK OR MONEY ORDER PAYABLE TO:

R&S Sports, Inc.

PO Box 361

Eagle Nest, New Mexico 87718

Weight Classes Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Weight Classes Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW

If you are a resident of New Mexico you are eligible to set a "NM State Record."

DIVISIONS

(Men & Women)

Teenage: 14-15, 16-17, 18-19

Junior: 20-23

Open: 20 and older

Submaster: 33-39

Master: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

**EQUIPMENT MUST MEET APF SPECIFICATIONS.
ONE PIECE LIFTING SUIT or Wrestling singlet MUST BE WORN**

*Katana Samurai Swords Awarded for
BEST Man & woman Lifters*

Meet Hotel Info

**LAGUNA VISTA LODGE, HISTORIC
RESTAURANT & SALOON**

A Romantic Southwestern Lodging and Dining Experience.

A New Mexico Landmark

Post Office Box 65

Eagle Nest, New Mexico 87718

505-377-6522 ~ 800-821-2093 ~ Fax 505-377-6626

laguna@newmex.com

www.LagunaVistaLodge.com

Be sure to tell them you are coming in for the bench meet.

Bench \$60_____

\$25. 00 Fee for any subdivision (example, open and junior)

RELEASE FROM LIABILITY

In consideration of the acceptance of my entry form in this power lifting competition, I intend to be legally bound for not only myself, but also for my heirs, executors and administrators. In signing this release from liability, I waive and release everyone connected with this competition from any and all liability and negligence which may arise from it.

SIGNATURE _____ SIG OF PARENT IF UNDER 18 _____

SEND ENTRY FORM, WITH CHECK OR MONEY ORDER PAYABLE TO:

R&S Sports, Inc., PO Box 36, Eagle Nest, New Mexico 87718

NAME _____ WT CLASS _____ AGE DIV _____

AGE/BIRTHDATE _____

EMAIL ADDRESS _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____